

RESTORING NATURAL FERTILITY

Old challenges and new perspectives

MADRID, SPAIN

2nd International Meeting on Medical Updates and Ethical Issues in Precision Medicine for **Natural Procreation**

Scientific Commitee:
Alberto Ferlin, Giuseppe Grande, Luis Lopez-Fando Lavalle, Ignacio Sanchez-Mendez, Jaime Siegrist, Elena Postigo Solana

27-28 NOVEMBER 2026

Universidad Francisco de Vitoria, Madrid

ORGANIZED BY:

FERTILITAS SER PADRES. NATURALMENTE.

Cátedra de Bioética Jérôme Lejeune Internacional

Università di Padova

UFV Universidad Francisco de Vitoria

SCIENTIFIC ENDORSEMENTS:

EAA European Academy of Andrology

Ilustre Colegio Oficial de Médicos de Madrid

II EDITION

RESTORING NATURAL FERTILITY.

OLD CHALLENGES AND NEW PERSPECTIVES.

UniversidadFranciscodeVitoria,Madrid / **November27th-28th2026**

27 NOV

15.00 **WELCOME** AND INTRODUCTION

G. Grande, M. Gabián, E. Postigo, A. Ferlín, Institutional Welcome Remarks

15.15 **OPENING LECTURE**

Moderator: **D. Romualdi, N. Suszczewicz**

Precision medicine in the female factor of infertility: from deep phenotyping to the restoration of natural fertility: **J.I. Sánchez Méndez**

15.40 **ROUNDTABLE:** SECOND-LEVEL DIAGNOSTICS IN FEMALE INFERTILITY: WHAT REALLY CHANGES MANAGEMENT?

Moderator: **N. Di Simone, J. Gjoshe**

Advanced ultrasound phenotyping of ovulatory dysfunctions: **N. Redondo**
Chronic endometritis: when, how and why to diagnose it: **A. Carreras**
The forgotten cervical factor: mucus, infections and inflammation and fertility: **A. Merola**
Discussants: **A.Bello Simão, J. Siegrist**

16.40 **EXPERT-OPINION ROUNDTABLE:** WHICH CRITERIA IN 2026 FOR MALE TRACT INFLAMMATION IN THE INFERTILE PATIENTS?

Moderator: **F. Villacampa, A. Garolla**

Prevalence, actual classification and open problems: **A. Delbarba** Symptoms and urological criteria: **C. Marenghi**
Microbiological and seminal criteria: **E. Vergani**
Ultrasound criteria: **P. Palego**
Discussants: **C. Bruno, R. Mazzilli**
A proposal for a diagnostic classification: **G. Grande**

18.00 **COFFEE BREAK**

18.20 **EXPERT-OPINION ROUNDTABLE:** ROLE OF MICROBIOTA AND PRECISION PROBIOTIC SUPPLEMENTATION IN COUPLE INFERTILITY

Moderator: **C. Bruno, E. Tywanek**

Female reproductive tract microbiota: diagnosis and personalized interventions: **C. Sánchez Cuerda**

Male tract microbiota: diagnosis and personalized interventions: **R. Mazzilli**

Discussants: **E. Vergani, N. Di Simone**

Resuming of the expert opinion: **G. Grande**

19.05 **ROUNDTABLE:** UROLOGICAL MICROSURGERY AND ROBOTIC SURGERY FOR MALE FACTOR INFERTILITY

Moderator: **J.I. Martínez-Salamanca**

Varicocele repair surgery: **C.S. Rodriguez**
Obstructive azoospermia and the role of robotic surgery in restoring natural fertility: **L. Lopez-Fando** Reconstruction after vasectomy: **S. Lujan**

Discussant: **G. Bocardo**

20:00 **CONCLUSION OF THE FIRST DAY OF THE CONGRESS**

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28 NOV

09.00 **ROUNDTABLE:** THE PERSONALIZATION OF HORMONAL TREATMENT

Moderator: **C.Foresta,KKJankowska**
Hormonal stimulation in chronic anovulation and ovulatory disfunctions: **M Lombarte**
The modern treatment of uterine fibroids: **A. La Marca**
The personalization of FSH treatment in the male: **A. Ferlin**
SERM: from an aspecific to a targeted treatment: **A. Graziani**
Discussants: **A. Garolla, M. De Rocco Ponce**

10:15 **EXPERT OPINION ROUNDTABLE:** ROLE OF GINECOLOGICAL SURGERY IN INFERTILITY

Moderator: **A. Natale, C. Galocha**
Endometriosis surgery and fertility restoration; first-line vs second-line surgery in infertility
- PROS first-line: **T. Hilghers**
- PROS second-line: **J. Siegrist**

Tubal defects; laparoscopic and hysteroscopic approaches: **P. Alonso**
Myomectomy: when surgery really improves fertility: **L. Selvaggi**
Discussants: **L. Antunes, M. Guida**
Resuming of the expert opinion (5'): **S. Alonso**

11.20 **COFFEE BREAK**

11.40 **ROUNDTABLE:** FERTILITY AWARNESS METHODS: SCIENTIFIC BASES

Moderator: **M. Guida, S. Dal Zoppo**
Cervical mucus: **M. Larrú**
Basal temperature: **R. Ecochard**
Discussants**: A. Merola, C. Galocha**

12.25 **ROUNDTABLE:** "THE COUPLE AS PATIENT: PSYCHOLOGICAL, ETHICAL, AND RELATIONAL DIMENSIONS IN NATURAL FERTILITY RESTORATION"

Moderator: **M. López Barahona**
Psychological Resilience in Infertile Couples: Support Strategies for Natural Fertility Pathways: **D. Bellantoni** /
Infertility's Impact on Marital Intimacy: Sexological Interventions and Relational Dynamics: **J. Kiesner** /
Anthropological and Ethical Framework for Natural Fertility Restoration: Dignity, Procreation, and Informed Consent: **E. Postigo Solana** /
Building Trust: The Doctor-Couple Alliance in Restorative Approaches: **S. Alonso**
Discussants: **T. Pérez, M. Rodríguez**

13.40 **CONCLUSIONS**

14:00 **END OF THE CONFERENCE**

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CONFERENCE VENUE
Universidad Francisco de Vitoria
Madrid

SCIENTIFIC DIRECTOR
Giuseppe Grande

SCIENTIFIC COMMITEE
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The Provider MV Congressi SPA, based on current regulations, has assigned 15 ECM credits to the FAD event

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