

II EDITION

# RESTORING NATURAL FERTILITY.

## *Old challenges and new perspectives.*

Universidad Francisco de Vitoria, Madrid / **November 27th-28th 2026**

**27 NOV**

**15.00**

### WELCOME AND INTRODUCTION

Miguel Gabián.

**15.15**

### OPENING LECTURE

Moderator: **C. Foresta, N. Suszczewicz**

Precision medicine in the female factor of infertility: from deep phenotyping to the restoration of natural fertility: **I. Sanchez- Mendez**

**15.40**

### ROUNDTABLE: SECOND-LEVEL DIAGNOSTICS IN FEMALE INFERTILITY: WHAT REALLY CHANGES MANAGEMENT?

Moderator: **N. Di Simone, J. Gjoshe**

Advanced ultrasound phenotyping of ovulatory dysfunctions: **N. Redondo**

Chronic endometritis: when, how and why to diagnose it: **M. Sánchez del Solar**

The forgotten cervical factor: mucus, infections and inflammation and fertility: **A. Merola**

Discussants: **L. Antunes, J. Siegrist**

**16.40 /  
18.00**

### EXPERT-OPINION ROUNDTABLE: WHICH CRITERIA IN 2026 FOR MALE TRACT INFLAMMATION IN THE INFERTILE PATIENTS?

Moderator: **F. Villacampa, A. Garolla**

Prevalence, actual classification and open problems: **A. Delbarba**

Symptoms and urological criteria: **C. Marenghi**

Microbiological and seminal criteria: **D. Milardi**

Ultrasound criteria: **P. Palego**

Discussants: **C. Bruno, R. Mazzilli**

A proposal for a diagnostic classification: **G. Grande**

**18.00**

### COFFEE BREAK

**18.20**

### EXPERT-OPINION ROUNDTABLE: ROLE OF MICROBIOTA AND PRECISION PROBIOTIC SUPPLEMENTATION IN COUPLE INFERTILITY

Moderator: **C. Bruno, E. Tywanek**

Female reproductive tract microbiota: diagnosis and personalized interventions: **C. Sánchez Cuerda**

Male tract microbiota: diagnosis and personalized interventions: **R. Mazzilli**

Discussants: **E. Vergani, N. Di Simone**

Resuming of the expert opinion: **G. Grande**

**19.05**

### ROUNDTABLE: UROLOGICAL MICROSURGERY AND ROBOTIC SURGERY FOR MALE FACTOR INFERTILITY

Moderator: **J.I. Martínez-Salamanca, M.P. Moreno**

Varicocele repair surgery: **C.S. Rodriguez**

Obstructive azoospermia and the role of robotic surgery in restoring natural fertility: **L. Lopez-Fando**

Reconstruction after vasectomy: **S. Lujan**

Discussant: **G. Bocardo**

**20:00**

### CONCLUSION OF THE FIRST DAY OF THE CONGRESS

28 NOV

09.00

### ROUNDTABLE: THE PERSONALIZATION OF HORMONAL TREATMENT

Moderator: **D. Romualdi, KK Jankowska**

Hormonal stimulation in chronic anovulation and ovulatory dysfunctions: **M Lombarte**

The modern treatment of uterine fibroids: **A. La Marca**

The personalization of FSH treatment in the male: **A. Ferlin**

SERM: from an aspecific to a targeted treatment: **A. Graziani**

Discussants: **A. Garolla, D. Milardi**

10:15

### EXPERT OPINION ROUNDTABLE: ROLE OF GINECOLOGICAL SURGERY IN INFERTILITY

Moderator: **A. Natale, C. Galocha**

Endometriosis surgery and fertility restoration; first-line vs second-line surgery in infertility

- PROS first-line: **T. Hilghers**
- PROS second-line: **J. Siegrist**

Tubal defects; laparoscopic and hysteroscopic approaches: **P. Alonso**

Myomectomy: when surgery really improves fertility: **L. Selvaggi**

Discussants: **L. Antunes, M. Guida**

Resuming of the expert opinion (5'): **S. Alonso**

11.20 /  
11.40

### OPEN COFFEE BREAK

11.40 /  
12.25

### ROUNDTABLE: FERTILITY AWARENESS METHODS: SCIENTIFIC BASES

Moderator: **M. Guida, S. Dal Zoppo**

Cervical mucus: **M. Larrú**

Basal temperature: **R. Ecochard**

Discussants: **A. Merola, C. Galocha**

12.25

### ROUNDTABLE: "THE COUPLE AS PATIENT: PSYCHOLOGICAL, ETHICAL, AND RELATIONAL DIMENSIONS IN NATURAL FERTILITY RESTORATION"

Moderator: **M. López Barahona**

Psychological Resilience in Infertile Couples: Support Strategies for Natural Fertility Pathways: **D. Bellantoni /**

Infertility's Impact on Marital Intimacy: Sexological Interventions and Relational Dynamics: **J. Kiesner /**

Anthropological and Ethical Framework for Natural Fertility Restoration:

Dignity, Procreation, and Informed Consent: **E. Postigo Solana /**

Building Trust: The Doctor-Couple Alliance in Restorative Approaches: **Sonsoles Alonso**

Discussants: **T. Pérez, M. Rodríguez**

13.40

### CONCLUSIONS

14:00

### END OF THE CONFERENCE